

Learn to Skate Program

Aspen Ice at Flemington



Basic Skills Program

Ice Skating is a wonderful sport that can provide a lifetime of fun, fitness and friendships. Designed by US Figure Skating, the Basic Skills Program teaches the fundamentals of ice skating for everyone from preschoolers through adults. The curriculum is challenging, rewarding and just plain fun. Whether you are interested in recreational skating, figure skating or hockey, our Basic Skills Program's carefully planned levels allow skaters to gain the basic skating techniques needed to succeed. The program consists of a 30-minute group lesson and a LTS practice pass for 8 Public Skating Sessions.

*The Snowplow Sam classes will practice immediately following their group lessons.

General Information

Skates should fit snugly and be sharp. Figure skates are recommended for all beginning skaters as they provide more support and blade stability. If you are interested in using hockey skates, your instructor can advise you when you are ready.

Helmets are highly recommended for all skaters, especially tots and beginners.

Students are encouraged to wear warm, loose fitting layers of clothing, thin socks, and gloves.

In Case of Inclement Weather

Please call the rink to verify status of classes.

Registration Fees

**8 Week Session ...\$130 by Dec. 31st
...\$140 after Jan. 1st**

Re-enrollment of current students will be accepted beginning December 15th.

New enrollments will be taken beginning Wednesday, December 12th.

No phone or fax applications will be accepted.

Fees include skate rental and USFS Basic Skills Program Membership.

Family Discount ...Families with 3 or more skaters will receive an additional \$10 discount per skater when registering by December 31st.

Beyond the Basics

Skill Assessments

Assessments are done at the end of each session. In order to advance to the next level, students must be proficient on all current level skills. Placement decisions are the discretion of the staff.

Private Lessons

Private lessons are available through individual instructors. **Ice time and rental skate fees are additional to the cost of the private lesson and must be paid at the front desk prior to the lesson.** Please arrange lesson times directly with the instructor. For help choosing an instructor, please contact our office.

For more Information

Please call:

908-237-1423 • FAX 908-237-2423

or visit our website:

www.Aspen-Ice.com



Learn to Skate Program

Description of Classes

Preschoolers (Ages 4-6)

* **Snowplow Sam 1-3** - These classes introduce preliminary skating skills to preschoolers. Skaters will learn marching, gliding, dips, swizzles, wiggles and stops in a fun environment.

Youth (Ages 6-13)

* **Basic 1-8** - Eight progressive levels provide the basic techniques needed to successfully master forward and backward skating, edges, turns and stops. Skaters must complete Basic 1-8 prior to participating in any other advanced skating curriculum.

Teen/Adult (Ages 13+)

Adult 1-4 - Classes for teens and adults focus on mastering basic skating skills while improving fitness, balance and coordination.

Hockey

Hockey 1-4 (Ages 6-13) - Basic hockey skating skills are introduced while focusing on balance, edges and agility. Skaters must have completed Pre-Hockey or Basic 1 & 2 to enroll in the Hockey Program.

Atoms 1-2 Team Hockey Skating

Advanced Curriculum - For skaters who have completed Hockey 3 or higher. Teaches elementary Team formations, stick and puck use positions and transitions in the game of hockey.

Free Skate

* **Free Skate 1-2** - Advanced curriculum for skaters that have completed Basic 1-8 or Adult 1-4. Jumps, spins, footwork and artistic moves are taught.

* Figure Skates are recommended at these levels.

** All new skaters or skaters that have not taken lessons before must enroll in the age appropriate Level 1 class. Skaters that have previously taken lessons at another rink should contact the Skating Director for correct class placement.

Select (1) class time. Classes meet on the same day every week.

| DAY/DATE | LEVEL | LESSON TIME |
|---|--|---|
| SATURDAY Jan. 19,26 Feb. 2,9,16,23 March 1,8 | Snowplow Sam 1-2-3 Basic 1-2 Hockey 1-2 Teen/Adult 1-2 | 11:15 -11:45pm AND 11:45 -12:15pm |
| | Basic 3-4-5 Basic 6-7-8 Hockey 3-4 Freeskate 1-2 Teen/Adult 2-3 | 12:15 -12:45pm |
| SUNDAY Jan. 20,27 Feb. 3,10,17,24 March 2,9 | Snowplow Sam 1 Snowplow Sam 2 Snowplow Sam 3 Basic 1 Basic 2 Teen/Adult 1-2 Synchronized Skating Hockey 1-2 | 1:30 to 2:00pm |
| | Basic 3 Basic 4 Basic 5 Basic 6 Basic 7-8 Teen/Adult 3-4 Free Skate 1-2 Hockey 3-4 | 2:00 to 2:30pm |
| TUESDAYS Atoms Hockey 1-2 | Atoms Hockey 1 Atoms Hockey 2 | 1:00 to 2:00pm |
| WEDNESDAY Adult social skate | Adult 1-2-3-4 Advanced Adult 1-2 | 10:00am to 11:30am |
| WEDNESDAY Home School Skate | Snowplow Sam 1-2-3 Basic 1-2 Hockey 1-2 | 1:00 to 1:30pm |
| Jan. 16,23,30 | Basic 1-2 Basic 3 Teen/Adult 1-2 | 1:30 to 2:00pm |
| Feb. 6,13,20,27 March 5 | Snowplow Sam 1 Snowplow Sam 2 Snowplow Sam 3 Basic 1 Basic 2 Hockey 1-2 | 4:00 to 4:30pm |
| WEDNESDAY After School Skate | Basic 3 Basic 4 Basic 5-6 Basic 7-8 Hockey 3-4 | 4:30 to 5:00pm |

Classes that do not meet minimum enrollment requirements may be combined or cancelled.



Learn to Skate Program

Registration Form

Student Name _____

Parent/Guardian Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____

Cell Phone (optional) _____

Email (optional) _____

Student Date of Birth _____ Male / Female _____ Age _____

New Enrollment: Does registrant have any prior skating experience? _____

Re-Enrollment: Prior Level Passed _____

Sign Up

Class _____ Day _____ Time _____

Refund Policy: There will be absolutely no refunds issued. Credit will be issued in the event of extended illness or injury upon submission of a physician's note to the Skating Director. Credits for any other reason will not be issued after the 2nd week of classes and are subject to management's approval. All credits are subject to a \$25 processing fee and will be prorated \$15 for each class taken. **There are no make-ups or credits for missed classes.** Once this application has been submitted, a place is being held in that class for the student. Individual class sizes are limited. Please choose your day and time with care, paying attention to all class dates noted in the schedule, as not to take away possible enrollment from other potential students should you or your child then not be able to attend the Learn-to-Skate session.

Classes that do not meet minimum enrollment requirements may be combined or cancelled.

Assumption of Risk/Consent for Treatment: I hereby give permission for the above named skater to participate in the Aspen Ice Skating Academy. I assume the risks inherent to such participation and further release, absolve, indemnify and hold harmless Aspen Ice at Flemington, its insurer, the management, staff, employees, independent contractors, officers, Board of Directors, and any of its associates from any claim arising out of injury. I further authorize the organization to act for me and in my behalf according to his/her best judgement in any emergency or injury to myself or my child requesting paraprofessional or professional medical attention or treatment in the event that I am not available or cannot be reached.

Parent's/Guardian's Signature _____ Date _____

Payment Method

Cash (Do not mail) \$ _____ Check (Made payable to "Aspen Ice") \$ _____

Aspen Ice Accepts MasterCard Visa Amex

Credit Card# _____ Exp. Date _____ / _____

Name on Card _____ Signature _____

* Please fill out a separate registration form for each student. Mail to: Aspen Ice, 426 Case Boulevard, Flemington, NJ 08822